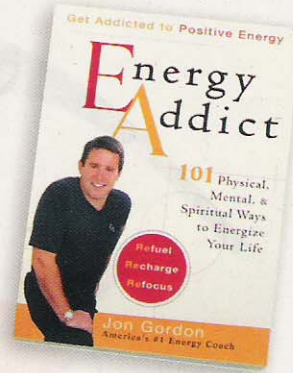


Edited by Lisa James

5 ways to become a Love Magnet



"What the world needs now is love, sweet love," goes an old song and it's true—loving relationships foster physical, emotional and spiritual health. So how do you attract more love into your life? Let Jon Gordon, author of *Energy Addict* (Perigee/Penguin; www.jongordon.com), tell you how.

1

Let Go of Your Need For Love. Our attachment to love creates a resistance to it. (One warning sign: you think you *need* a relationship to be happy.) Tell yourself daily, "I let go of my ego that defines myself by how others think of me. I let go of my attachment to love but I allow it to flow."

3

Treat Yourself with Love. Realize you are important—don't let anyone tell you or cause you to feel otherwise. Then take action by treating yourself with love. Take time for yourself every day, even if it's only 10 minutes. Take a bath or a long shower. Go hit some golf balls. Read books that inspire you. Give yourself a hug.

5

Remember Who You Are. When it comes to love we can't not talk about spiritual energy; love and God are one. When you become a love source you become an expression of the greater and the greatest source of love. Remember that you are an expression of this source, and you have always been part of this source. In remembering this you realize that the love you have always wanted is already within you, waiting to be tapped and expressed.

2

Speak Lovingly to Yourself. Many of us berate ourselves. If that's you, tell yourself how kind, brilliant, special, talented and beautiful or handsome you are. When you love yourself without arrogance others will be attracted to you and more love will flow into your life.

4

Become Love in Action. When we become a source of love and share it with everyone, we become one with all the love that exists and it flows to us with ten times the power. To be a true love magnet, share love without attachments and expectations.

When you become a Love Magnet you'll attract all the love you could ever want—and more.